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# **PRODUCT SPECIFICATION**

Kettlebell (Giri, Girja)

## Fields of application:

- It is most recommended for people wishig to lose weight. As it burns fat very fast and improves circulation.

- Besides, it is highly recommended to those wanting to develop muscles – beside intensive workout you can be achive visible result within few weeks.





### **Technical data:**

- Material quality: EN-GJL-200 (grey cast iron).

#### Available versions:

- 16, 24, and 32 kg

#### Notes:

- Upon request we can provide it in painted designe.
- It come out in ergonomic designe with non-skidding surface.

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